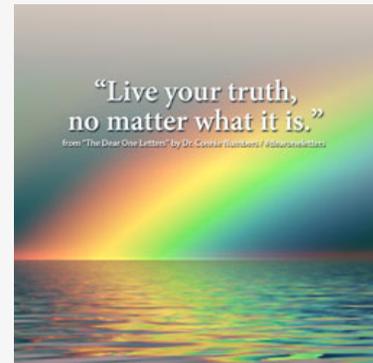


The more we can feel love in our every day life, the more we help to heal the world.
Read Part 1 of Dr. Connie's new series, "Lessons of Love."



LESSONS OF LOVE - PART 1

It's amazing to me that the end of the year is upon us. Another year has gone by in the blink of an eye. Time seems to be going by faster than ever. Many of us take stock of what's happened in this last year, in our own life as well as in the lives of others and in the world. Recently, since the massacre in Paris, it can seem as if the world is falling apart all around us. Even in our own country, like the recent attack in San Bernardino, violence is more prevalent than ever and it seems as if there are less and less places we can feel our safety is guaranteed.



[Read More . . .](#)

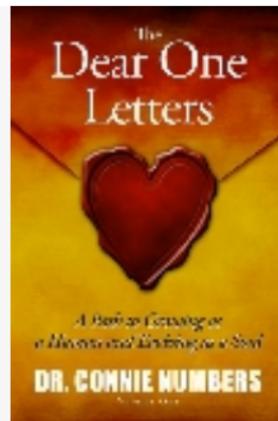
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